

# 9<sup>th</sup> OBES Annual Congress 2024

Obesity, Bariatric, and Endocrine Societies

**Obesity: Looking to the Future**

Friday, 22 November 2024

Novotel Singapore On Stevens

28 Stevens Rd, Orchard District, Singapore 257878

Organised by:



Endocrine & Metabolic  
Society of Singapore



OBESITY & METABOLIC SURGERY  
SOCIETY OF SINGAPORE



Singapore Association  
for the Study of Obesity

Register now at:  
[obes.sg/tickets-2024](https://obes.sg/tickets-2024)



For any questions, contact us at:  
[pat@enterprisesg.com](mailto:pat@enterprisesg.com)



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TIME	TOPIC
7:30 - 8:30	REGISTRATION
8:30 - 10:00	OPENING SYMPOSIUM
8:30 - 8:45	WELCOME & OPENING ADDRESS
8:45 - 9:20	PLENARY 1: Endobariatric Approach: What's on the Horizon?
9:20 - 9:55	PLENARY 2: Benefits of Obesity Treatment: Beyond Weight-Centricity
9:55 - 10:00	Q&A
10:00 - 10:40	BREAK
10:40 - 11:55	SYMPOSIUM 1: IS THERE A ROLE FOR PERSONALIZATION IN OBESITY MANAGEMENT?
10:40 - 11:00	Obesity Prevention In Singapore: A Personalized Approach Based on Factors Underlying Adiposity
11:00 - 11:20	Harnessing Artificial Intelligence In Personalized Management
11:20 - 11:40	Technology-Enhanced Personalized Management In Obesity Care
11:40 - 11:55	Q&A
11:55 - 12:15	BREAK
12:15 - 13:15	LUNCH SYMPOSIUM - Novo Nordisk
13:15 - 14:00	POSTER PRESENTATION (MAIN FOYER)

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14:00 - 15:00	SESSION 2: MEDICAL, NURSING AND ALLIED HEALTH SESSION	SESSION 3: METABOLIC BARIATRIC SURGERY SESSION
14:00 - 14:20	The Future of Obesity Pharmacotherapy: Matching Medication to Phenotype	Is Age A Barrier to Bariatric Surgery?
14:20 - 14:40	The Future of Sustainable Lifestyle Changes: What has Behavioural Science Taught Us?	Surgery for Class V Obesity - Is Prehab Necessary?
14:40 - 15:00	The Future of Diabetes Management in Primary Care: Dietitian-led Programme to Achieve Diabetes Remission	The Rise of Robotic-assisted Bariatric Surgery
15:00 - 15:20	BREAK	
15:20-16:30	SYMPOSIUM 4: OBESITY PHARMACOTHERAPY AND MBS: SYNERGISM OR ANTAGONISM?	
15:20 - 15:40	Relevance of Bariatric Surgery in the Era of Modern Pharmacotherapy	
15:40 - 16:00	Recurrent Weight Gain Post-MBS: Pharmacotherapy to the Rescue	
16:00 - 16:20	Recurrent Weight Gain Post-MBS: The Role of Revisional Surgery and Endoscopy	
16:20 - 16:30	Q&A	
16:30 - 17:15	CLOSING SYMPOSIUM: MANOEUVRING THE CHALLENGES FOR POST-MBS MANAGEMENT	
17:15 - 17:30	CLOSING REMARKS	



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<b>REGISTRATION</b>	
<b>Medical doctors</b>	<b>\$170</b>
<b>Nursing, Allied health and other healthcare professionals</b>	<b>\$90</b>
<b>Students</b>	<b>Free</b>
<b>Endorsing Societies' Medical Doctor</b>	<b>10% discount</b> <b>Use the promo code: ESDOCTOR10</b>
<b>Endorsing Societies' Nurse or allied health</b>	<b>10% discount</b> <b>Use the promo code: ESOBES10</b>

## **CANCELLATION POLICY**

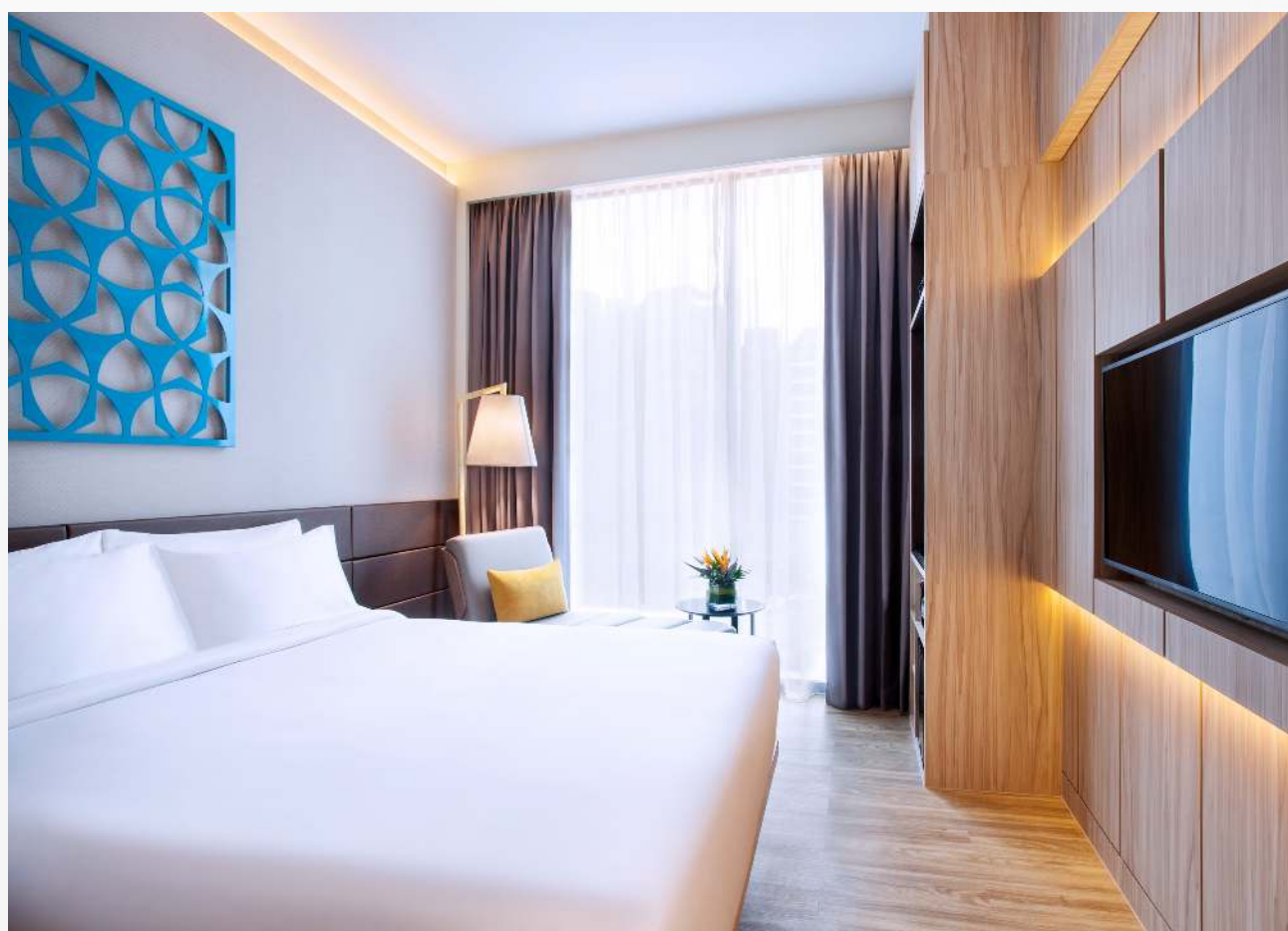
- Cancellation of registration must be notified in writing / email to the Congress Secretariat: [pat@enterprisesg.com](mailto:pat@enterprisesg.com)
- Cancellation received after **11th October 2024** will incur a penalty fee of 50% of registration fee paid.
- No refund will be made for any cancellation received after **22nd October 2024**. Substitution of names is allowed without any penalty charge.
- The organisers reserves the right to refuse admission and the publication of your abstract if full payment has not been made.
- Applicable refund will be processed after the Congress.
- The cancellation policy is non-negotiable.



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## Special Congress Hotel Rates

Discounted rates are available for the nights of 21-23 Nov.



**Mercure Singapore  
on Stevens**



**Novotel Singapore  
on Stevens**

For more information, please visit: [www.obes.sg](http://www.obes.sg)



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## ABSTRACTS

**Submission Deadline:** 11 October 2024, 12:00 PM (GMT+8)

*\*Abstracts received after this deadline will not be considered.*

**Announcement of Results:** 25 October 2024

**Confirmation by Authors (through registration):** 8 November 2024

The Organising Committee invites participants to submit abstracts of original and unpublished works related to obesity. Abstracts presented at other conferences but not yet published as full manuscripts can be submitted.

## Abstract Tracks

Submissions are welcome in the following categories:

- **Track 1:** Interventional and Clinical Studies
- **Track 2:** Epidemiology/Health Care Policy/Public Health Policy
- **Track 3:** Basic and Neuroscience
- **Track 4:** Others



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## Submission Guidelines

- Abstracts must be submitted in English.
- Use Microsoft Word (version 2013 or later).
- Font: Times New Roman, font size 12 point, single line spacing.
- The OBES requires the use of person-first language and non-stigmatizing images in all written and verbal communications.
- Each abstract should only be submitted to one abstract track.
- **Word limit for abstract title:** 50 words.
- **Word limit for abstract content:** 400 words (excluding author information and field titles).
- Please organize the body of the abstract as follows:
  - Background
  - Methods
  - Results
  - Conclusion
- There is no limit on the number of abstracts submitted.
- Please state the preference of your submission as follows:
  - Both Oral/E-poster submission
  - E-Poster submission only
  - Video submission only



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## Contents of Abstract

- **Title:**
- **Track:**
- **Author(s):**
  - Author1
  - Author2
  - Author3 (12pt)
  - Note: Mark (\*) after the name if it is the corresponding author
- **Affiliation:**
  1. Affiliation of main author and address (12pt)
  2. Affiliation of second author and address (12pt)
- **Type:**
  - Oral/E-Poster Submission
  - E-poster Submission Only
  - Video Submission Only
- **Abstract**



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## Acceptance Guidelines

You will be notified by email if your submitted abstract has been selected for an oral presentation, an e-poster presentation, or a video presentation. The decision of the Scientific Committee is final.

## Rejection Guidelines

- The Organizing Committee reserves the right to reject and/or edit the abstract and decide on the format of the final accepted submission.
- All rejected abstracts will be notified with a brief comment by reviewers. No appeal will be allowed.

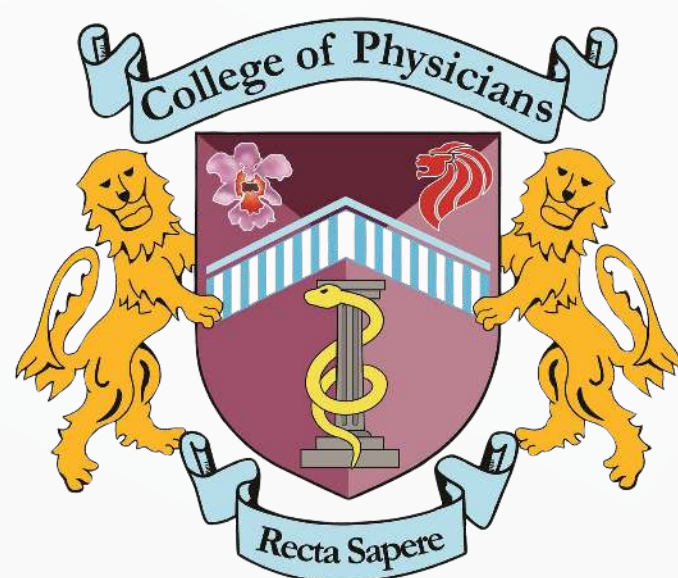
## Prizes

Prizes will be awarded for the best abstract submissions:

- **1st Prize:** \$500
- **2nd Prize:** \$300
- **3rd Prize:** \$100



# ENDORISING SOCIETIES



CHAPTER OF ENDOCRINOLOGISTS  
COLLEGE OF PHYSICIANS, SINGAPORE



# CONFERENCE SECRETARIAT





# ACKNOWLEDGEMENT

The 9th OBES Annual Congress 2024 Organising Committee would like to thank the following for their kind and generous contributions:

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